

OUTPATIENT THERAPY





A COMPREHENSIVE REHAB PROGRAM

Moorings Park Communities offers a comprehensive rehabilitation program tailored to clients who have suffered a multitude of disorders. Consisting of a multi-disciplinary team of Physical, Occupational, and Speech Therapists, our treatment programs are designed to meet the individual needs of each patient we serve. Whether it's two or four days a week, two or four hours per day, we offer convenient scheduling and treatment sessions designed with you in mind.

Our Objective

- ▶ Regain optimal, physical, communicative, and functional abilities
- ▶ Reduce complications associated with immobility
- ▶ Support and educate patient/family/caregiver about the disability including adaptive equipment and coping methods







PHYSICAL THERAPY

Our Physical Therapists are licensed practitioners who engage in examination, evaluation, and treatment of our patients. Experts in relieving pain and improving mobility and motion, our therapists enable individuals to live the life they once knew and pursue their favorite activities. All of our Physical Therapists have advanced training in manual therapy and kinesiology taping.

VESTIBULAR THERAPY

Do you suffer from dizziness, vertigo, feeling of unsteadiness, or motion intolerance? If so, our clinic offers vestibular therapy certified through the American Institute of Balance Affiliate Network. A certified Vestibular Therapist specializes in treating individuals with vestibular and balance disorders through comprehensive evaluation and treatment programs.





OCCUPATIONAL THERAPY

Our Occupational Therapists are licensed practitioners who evaluate and treat individuals with disabilities negatively affecting meaningful and purposeful activities of daily living. Whether recovering from surgery or an injury, our trained practitioners can help patients with daily activities enabling them to live as independently as possible. Each therapist has advanced training in upper extremity conditions, including the neck, shoulder, elbow, wrist and hand.

HOME SAFETY EVALUATIONS

Through a doctor's prescription, our Occupational Therapists provide recommendations for safety, including adaptive equipment and caregiver education in the convenience of your home.





SPEECH LANGUAGE PATHOLOGISTS

Our Speech Language Pathologists are licensed practitioners who specialize in the evaluation and treatment of individuals with swallowing and communication problems, including speech production, receptive and expressive language, fluency, voice, compensatory techniques, and cognitive reeducation.

VITALSTIM THERAPY

Our Speech Therapists are certified in VitalStim Therapy. Combining VitalStim with traditional swallowing exercises, our therapist can accelerate the rehabilitation process of restoring function and strengthening swallowing.

LYMPHEDEMA SERVICES

Our Occupational Therapy team specializes in lymphedema services with focus on education, support and management of edema. Our trained therapists incorporate skin care, therapeutic exercise, massage as well as manual lymph drainage utilizing the Vodder technique. Services also include the use of wrapping as well as custom fitting of compression garments and pneumatic devices. Lymphedema services require a physician script before the start of therapy.





OUR SCOPE OF SERVICES INCLUDES:

- ▶ Orthopedic & Sports Injuries
- ▶ Pre & Post Joint Replacement
- ▶ Hand and Wrist Conditions
- ▶ Golf & Tennis Injuries
- ▶ Balance and Vestibular
- ▶ VitalStim
- ▶ Lymphedema Services
- ▶ Voice Production
- ▶ Cognitive Retraining
- ▶ Aphasia
- ▶ Dysphagia
- ▶ Back and Neck Pain
- ▶ Post-Stroke
- ▶ Parkinson's Disease
- ▶ Other Neurological Conditions
- ▶ General Conditioning
- ▶ Adaptive Equipment



MOORINGS PARK®
 OUTPATIENT
 THERAPY

Hours: 8:00 a.m. - 4:00 p.m. by appointment only

Phone: 239-919-1755 | Fax: 239-919-1715

www.MooringsPark.org



Moorings Park Communities is a nationally accredited, non-profit, Medicare-certified organization and one of the only Life Plan providers with A or A+ ratings from Fitch Ratings and S&P Global Ratings.

